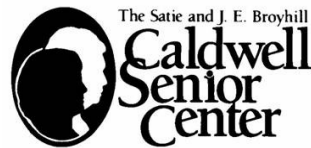


## Services Available For Older Adults in Caldwell County

- Adult day care
- Caregiver's classes
- Community mental health
- Congregate meals
- Disaster services
- Durable medical equipment
- Family support groups
- Fitness/health promotion
- Health screenings
- Home-delivered meals
- Home health
- Home repair
- Hospice care
- Housing
- In-home aide services
- Insurance counseling
- Job training/placement
- Legal services
- Long-term care facilities
- Medicaid benefits
- Medicare benefits
- Rehabilitation services
- Report suspected abuse/neglect
- Respite
- Reverse mortgage counseling
- Senior Games
- Social Security benefits
- Tax preparation/counseling
- Transportation (general and medical)
- Volunteer opportunities

**Information and Assistance** is a service funded through the Home and Community Care Block Grant and supported by the Satie and J.E. Broyhill Caldwell Senior Center, Western Piedmont Area Agency on Aging and Caldwell County Council on Aging, housed at the



650-A Pennton Avenue  
P.O. Box 933  
Lenoir, N.C. 28645  
cyndi.daulton@charterinternet.com  
(828) 757-8635  
[www.caldwellseniorcenter.org](http://www.caldwellseniorcenter.org)



Participating Agency

*Voluntary contributions to the Information and Assistance Program help extend services to more seniors. Donations are encouraged and graciously accepted.*

Updated September 2009

# I Just Don't Know Where to Turn

## 757-8635

An **Information and Assistance** Line for Older Adults in Caldwell County



●**Adult Protective Services/Abuse**  
Department of Social Services, **426-8209**  
Shelter Home of Caldwell County, **758-0888**

●**Adult Care Homes (Assisted Living)**  
Brockford Inn, **396-3111**  
Carolina Oaks, **754-6106**  
Grandview Villa, **757-0136**  
Lenoir Park Assisted Living, **757-7800**  
Shaire Center, **728-4673**  
Rose Hill Family Care Home, **754-2502**  
TLC Family Care Home, **758-0013**

●**Caldwell County Offices**  
Clerk of Court, **759-8402**  
Register of Deeds, **757-1310**  
Tax Office, **757-1340**

●**Caregiving**  
Caregiver Specialist, WPCOG, **485-4256**  
Adult Day Care, “Adult Life Program”, **758-5855**  
Alzheimer’s Specialist, Nicole Rieger-Thomas **267-3626**  
Caldwell Hospice & Palliative Care, **754-0101**  
“Powerful Tools of Caregiving,” Debbie Cox **757-1257**

●**Drivers Information**  
Drivers License Bureau, **726-2504**  
AARP Driver Safety, **1-888-227-7669**

●**Emergency Assistance: call 911**  
Caldwell County Sheriff Dept., **758-2324**  
Lenoir Police Department, **757-2100**  
Hudson Police Department, **728-5021**  
Granite Falls Police Department, **396-3358**  
Lenoir Fire Department, **757-2190**  
Hudson Fire Department, **728-3584**  
Granite Falls Fire Department, **396-2379**

●**Food/Clothing/Financial**  
Yokefellow Pantry, **754-7088**  
Salvation Army, **758-0165**  
Lenoir Soup Kitchen, **758-1411**  
South Caldwell Christian Ministries, **396-4000**  
Angel Food Ministries, **758-5476**  
American Red Cross, **754-4161**

●**Hearing Services**  
Division of Services for the Deaf and Hard of Hearing  
Morganton Regional Center, **1-800-999-8915**

●**Home Delivered Meals**  
Blue Ridge Community Action, **754-9085 ext.226**

●**Home Health Agencies**  
Caldwell County Health Department, **426-8400**  
Caldwell Home Services, **728-0168**  
Guardian Health Services, **757-9444**  
Harmony Home Care, **754-4401**  
HomeCare Management, **754-3665**  
Home Instead Senior Care, **256-0184**  
Intrepid USA, **327-9600**  
Maxim Healthcare, **464-5868**  
Mountain Home Care, **759-2277**  
Premier Home Care, **396-9111**  
ResCare HomeCare/CNC, **754-4528**  
Right At Home, **726-1561**  
Total Care, **328-1871**

●**Home Repair/Modification**  
Foothills Service Project, R.L. Icard, **397-2484**  
Western Piedmont Council of Governments, **485-4281**  
Carolina Cross Connection, **758-2883** (summer months)  
Caldwell Home Services, **728-0168**

●**Home weatherization**  
Blue Ridge Community Action, **754-9085 ext. 209**  
Department of Social Services, **426-8200**

●**Job Training/Placement**  
Senior Community Service Employment Program  
Winston Salem Urban League, **757-5622**

●**Legal Services**  
Legal Aid of North Carolina, **1-800-849-5195**  
NC Attorney Referral Service, **1-800-662-7660**  
Better Business Bureau, **1-800-777-8348**  
NC Dept. of Secretary of State, **1-800-688-4507**  
Telemarketing *Do Not Call* Registry, **1-888-382-1222**

●**Lifeline (Emergency Response System)**  
**1-800-242-1306 ext. 4792** Hickory, **324-3025**

●**Meal Sites**  
Koinonia Nutrition Site, **754-6309**  
Kings Creek Nutrition Site, **754-6656**  
Martin Luther King Center, **754-6358**  
Shuford Recreation Center, Granite Falls, **396-3737**

●**Medicaid**, Dept. of Social Services, **426-8200**

●**Medicare Resources**  
Medicare, **1-800-633-4227**  
NC SHIIP (Seniors Health Insurance Information Program), **1-800-443-9354**  
Caldwell Senior Center, **758-2883**

●**Medicine Programs**  
Helping Hands, **754-8565**

●**Mental Health Services**  
Smokey Mountain Center, **1-800-849-6127**

●**Nursing Homes**  
Camelot Manor, **396-2387**  
Gateway Nursing & Rehab., **754-3888**  
Lenoir Healthcare Center, **758-7326**  
Shaire Nursing Center, **728-6500**

●**Social Security Benefits /Disability**  
Social Security Administration, **1-800-772-1213**  
Social Security Hickory Office, **328-3609**

●**Transportation**  
Greenway Public Transportation (WPRTA), **757-8679**  
Handi-Care, Inc., **(828) 435-9251**  
MediVan, **(828) 441-2000**

●**Vision**  
Dept. of Social Services, Gary Smith, **426-8316**  
Lions Club glasses or exams, **426-8249**  
N.C. Services for the Blind, **1-800-422-0373**

●**Volunteer Opportunities**  
Appalachian RSVP (Retired and Senior Volunteer Program) **754-3000**  
Caldwell Hospice and Palliative Care, **754-0101**  
Senior Companion Program, **(828) 438-6547**  
Communities in Schools, **426-4247**

●**Other**  
Caldwell County Library, Lenoir Branch, **757-1270**  
Granite Falls, **396-7703**, Hudson Branch, **728-4207**  
NC Cooperative Extension Service, **757-1290**  
Lenoir Post Office, **754-9053**  
Centro Latino, **754-3059**  
N.C. Governor’s Office, **1-800-662-7952**  
Veteran’s Service Office, **757-1345**